

MINI MOST® Program Contents

Sequence Models

| MINI MOST® WORK MEASUREMENT TECHNIQUE | | |
|---------------------------------------|----------------|---------------------|
| Activity | Sequence Model | Sub - Activities |
| General Move | A B G A B P A | A - Action Distance |
| | | B - Body Motion |
| | | G - Gain Control |
| | | P - Placement |
| Control Move | A B G M X I A | M - Move Controlled |
| | | X - Process Time |
| | | I - Alignment |

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INTRODUCTION

UMAS Pvt. Ltd. arranges a 5 days MINI MOST® Training Program.

Length: 5 Days (Interactive) Training Program at Client Location/ UMAS Office

Class Duration: 1980 Minutes (33 Hours in 4 Days)

OBJECTIVES

The objectives of the Training Program are as follows –

- Apply Predetermined time values to activities from memory or from a data card according to the rules of MINI MOST® Work Measurement System
- Observe operator activities and write accurate method descriptions using the Work Measurement System
- Analyze work on the basis of moving objects using the MOST® Work Measurement System and Software
- Identify Work Measurement activities in terms of the basic sequence models for manual work: General Move and Controlled Move

EXPECTED BENEFITS TO CLIENT

The Client can expect the following benefits post the training program –

- Upper hand in Measurement time study or other predetermined motion time systems
- Identification of areas where there are opportunities for saving time, money and energy
- Workers working at 100% pace
- A measurement tool that is well accepted by employees, unions and management

PROGRAM SCHEDULE

The UMAS Training Program schedule is as follows –

| Day | Start | End | Topic |
|-------|----------|----------|--|
| Day 1 | 9:00 AM | 11:00 AM | LEMW Concept, Case Studies, Application of MOST |
| | 11:00 AM | 11:10 AM | Break |
| | 11:10 AM | 12:50 AM | Introduction to MOST, Benefits of MOST, Families |
| | 12:50 PM | 1:30 PM | Lunch |
| | 1:30 PM | 3:30 PM | Revision of Basic MOST |
| | 3:30 PM | 3:40 PM | Break |
| | 3:40 PM | 5:00 PM | Revision of Basic MOST |
| | 5:00 PM | 6:00 PM | MINI MOST (Video) |
| | | | 3 Hours Home Work |
| Day 2 | 9:00 AM | 11:00 AM | General Move (Sequence A B G A B P A) |
| | 11:00 AM | 11:10 AM | Break |
| | 11:10 AM | 12:40 AM | General Move (A - Action Distance, B - Body Motion, G - Gain Control, P - Placement) |
| | 12:50 PM | 1:30 PM | Lunch |
| | 1:30 PM | 3:30 PM | General Move (Example) |
| | 3:30 PM | 3:40 PM | Break |
| | 3:40 PM | 5:00 PM | General Move (Video) |
| | 5:00 PM | 6:00 PM | General Move Revision |
| | | | 3 Hours Home Work |
| Day 3 | 9:00 AM | 11:00 AM | General Move (Lab Exercise) |
| | 11:00 AM | 11:10 AM | Break |
| | 11:10 AM | 11:40 AM | Control Move Sequence (A B G M X I A) |
| | 11:40 AM | 12:50 PM | Control Move (Parameters M - Move/Actuate, X - Process Time, I - Alignment) |
| | 12:50 PM | 1:30 PM | Lunch |
| | 1:30 PM | 3:30 PM | Control Move Examples |
| | 3:30 PM | 3:40 PM | Break |
| | 3:40 PM | 5:00 PM | Control Move Video |
| | | | 3 Hours Home Work |
| Day 4 | 9:00 AM | 11:00 AM | Control Move (Lab Exercise) |
| | 11:00 AM | 11:10 AM | Break |
| | 11:10 AM | 12:50 AM | CT AC CW Exercise (Manpower and Production Capacity) |
| | 12:50 PM | 1:30 PM | Lunch |
| | 1:30 PM | 3:30 PM | Application of MOST Practical Approach and Examples |
| | 3:30 PM | 3:40 PM | Break |
| | 3:40 PM | 5:00 PM | MDAT Software Demonstration |
| | 5:00 PM | 6:00 PM | Queries Solve |
| Day 5 | 9:30 AM | 12:30 PM | Exam [100 Marks - 3 hours] [80+ Passing] |